



OPTIMIZED OUTCOME SOLUTIONS

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Optimized Outcome Solutions Participant Protocols

Surgery Candidates

- Individuals preparing for a major surgery (4+ weeks in advance of surgery date if possible)
- Individuals recovering from a major surgery
- Individuals receiving any of the following:
 - Anesthesia
 - Antibiotics
 - Opioids
- Individuals readmitted to repair a failed procedure
- Individuals who could benefit from improved diet

Injured Workers

- Individuals preparing for a major surgery (4+ weeks in advance of surgery date if possible)
- Individuals recovering from a major surgery
- Individuals receiving any of the following:
 - Anesthesia
 - Antibiotics
 - Opioids
- Individuals readmitted to repair a failed procedure
- Injured workers with a major injury expected to be off work for four weeks or longer

Any individual who is stalling in their recovery and/or needs additional encouragement and support